

FOOD FOR Thought

EXAMINATION OF CONSCIENCE

I am consumed with self

I am lazy

I procrastinate

I am vain

I worry constantly what others will think

I pigeon hole people in categories, and don't let them out

I complain

I am resentful

I cheat when no one is watching

I build myself up by negative conversations

I am afraid of not being up to it

I become defensive or aggressive because

I lack self-confidence

I lie/ I hide from God/I cheat God

I am self-righteous

I condemn/I slander/ I judge

I criticize/ I mock/I ridicule/I grumble

I lament/I seek self-pity and praise

I want from others what I will not give

I want to be loved unconditionally but won't love the same way

I am rash with others

I run from mortification

I am controlling and manipulative

I take and do not give

I harbor resentments and grudges

I do not accept others as Christ does

I fail to see Christ in others

I do not let go

I supersede God because of my pride

I am selfish

I want my way because I think it's the best way

I react instead of listening

I react instead of thinking and contemplating

I want the last word

I put down others to appear superior

I never publicly admit to being wrong

I yearn for recognition

I am disloyal

I want center stage and control

I put off the hard thing to do the easy thing first

I am attached to worldly things