



## EXAMINATION OF CONSCIENCE

**I am consumed with self**

**I am lazy**

**I procrastinate**

**I am vain**

**I worry constantly what others will think**

**I pigeon hole people in categories, and don't let them out**

**I complain**

**I am resentful**

**I cheat when no one is watching**

**I build myself up by negative conversations**

**I am afraid of not being up to it**

**I become defensive or aggressive because I lack self-confidence**

**I lie/ I hide from God/I cheat God**

**I am self-righteous**

**I condemn/I slander/ I judge**

**I criticize/ I mock/I ridicule/I grumble**

**I lament/I seek self-pity and praise**

**I want from others what I will not give**

**I want to be loved unconditionally but won't love the same way**

**I am rash with others**

**I run from mortification**

**I am controlling and manipulative**

**I take and do not give**

**I harbor resentments and grudges**

**I do not accept others as Christ does**

**I fail to see Christ in others**

**I do not let go**

**I supersede God because of my pride**

**I am selfish**

**I want my way because I think it's the best way**

**I react instead of listening**

**I react instead of thinking and contemplating**

**I want the last word**

**I put down others to appear superior**

**I never publicly admit to being wrong**

**I yearn for recognition**

**I am disloyal**

**I want center stage and control**

**I put off the hard thing to do the easy thing first**

**I am attached to worldly things**